

Pharmacy Program Quarterly Update – Changes Effective Oct. 1, 2022 – Part 1

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UPDATE: As a reminder, the Quarterly Pharmacy Changes awareness article has been separated into a Part 1 and Part 2 article. This part 1 article includes changes that require member notification – drug list revisions/exclusions, dispensing limits, utilization management changes and general information on pharmacy benefit program updates. Our intention is to alert you of these changes as our members are receiving letters on changes to their drug list and/or pharmacy benefit. The part 2 article will be published closer to the October 1 effective date.

Drug List Changes

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) will be made to the Blue Cross and Blue Shield of New Mexico (BCBSNM) drug lists, effective Oct. 1, 2022. Changes by drug list are listed on the charts below.

Drug List Updates (Revisions/Exclusions) - As of Oct. 1, 2022

Non-Preferred Brand ¹	Drug Class/ Condition Used	Preferred Generic Alternative(s) ²	Preferred Brand Alternative(s) ^{1, 2}
	For	7	7
Basic, Multi-Tier Bas	sic, Enhanced and	Multi-Tier Enhanced Drug	Lists Revisions
CYSTADANE (betaine powder for oral solution)	Homocystinuria	There is a generic equivale to your doctor or pharmace medication(s) available for	ist about other
VIMPAT (lacosamide tab 50 mg, 100 mg, 150 mg, 200, mg)	Seizures	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
Multi-Tier Basic and Multi-Tier Enhanced Drug Lists Revisions			
DEXAMETHASONE	Inflammatory	methylprednisolone	
(dexamethasone tab 0.5 mg,	Conditions	tablets, prednisone	
0.75 mg)		tablets	

Drug ¹	Drug Class/ Condition Used For	Generic Alternatives ^{1,2}	Brand Alternatives ^{1,2}
		ormance Select Drug Lists	Revisions
DEXAMETHASONE	Inflammatory	methylprednisolone	
(dexamethasone tab 0.5 mg,	Conditions	tablets, prednisone	
0.75 mg)		tablets	
MORPHINE SULFATE	Pain	morphine sulfate	
(morphine sulfate oral soln		solution 10 mg/5 ml	
20 mg/5 ml)			
MORPHINE SULFATE ER	Pain	Please talk to your doctor	
(morphine sulfate cap er		medication(s) available for	your condition.
24hr 10 mg, 20 mg, 30 mg,			
50 mg, 60 mg, 80 mg, 100			
mg)			
QUINIDINE SULFATE	Arrhythmia	Please talk to your doctor	
(quinidine sulfate tab 200		medication(s) available for	your condition.
mg, 300 mg)			
SULFADIAZINE	Infections	Please talk to your doctor	
(sulfadiazine tab 500 mg)		medication(s) available for	
TRAMADOL HCL ER	Pain	Please talk to your doctor	•
(tramadol hcl tab er 24hr		medication(s) available for	your condition.
biphasic release 100 mg,			
200 mg, 300 mg)			
TRIHEXYPHENIDYL HCL	Parkinson's	Please talk to your doctor	
(trihexyphenidyl hcl oral soln	Disease,	medication(s) available for	your condition.
0.4 mg/ml)	Extrapyramidal		
VANDAZOLE	Disorders		
VANDAZOLE	Bacterial	metronidazole vaginal	
(metronidazole vaginal gel	Vaginosis	gel 0.75%	
0.75%)			
Balance	nd and Porformano	e Select Drug Lists Revis	ions
MOXIFLOXACIN	Antibacterial-	ciprofloxacin ophthalmic	lons
HYDROCHLORIDE	Ophthalmic	solution, gatifloxacin	1
(moxifloxacin hcl ophth soln	Оришанию	ophthalmic solution,	
		ofloxacin ophthalmic	
0.5% (base eq) (2 times daily))		solution, moxifloxacin	
daily))		ophthalmic solution	
	Balanced Dri	ug List Revisions	
ZOLPIDEM TARTRATE	Insomnia	eszopiclone tablets,	
(zolpidem tartrate sl tab 1.75	ooniiia	zaleplon capsules,	
mg, 3.5 mg)		zolpidem tablets	
g, c.c mg/			
Health Insurance Exchange (HIE) Drug List Revisions			ons
DEXAMETHASONE -	Inflammatory	methylprednisolone	-
dexamethasone tab 0.5 mg,	Conditions	tablets, prednisone	
0.75 mg		tablets	
MORPHINE SULFATE -	Pain	morphine sulfate	
morphine sulfate oral soln 20		solution 10 mg/5 ml	
mg/5 ml			
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QUINIDINE SULFATE -	Arrhythmia	Please talk to your doctor	or pharmacist about other
	Amyulilla	Please talk to your doctor or pharmacist about other	
quinidine sulfate tab 200 mg,		medication(s) available for your condition.	
300 mg	Infantions	Diagon tolk to work do stok	
SULFADIAZINE -	Infections	Please talk to your doctor or pharmacist about other	
sulfadiazine tab 500 mg	D 11 1	medication(s) available for your condition.	
TRIHEXYPHENIDYL HCL	Parkinson's	Please talk to your doctor or pharmacist about other	
(trihexyphenidyl hcl oral soln	Disease,	medication(s) available for	your condition.
0.4 mg/ml)	Extrapyramidal		
	Disorders		
		rmance Select Drug Lists	
BIDIL (isosorbide dinitrate-	Heart Failure	There is a generic equivale	
hydralazine hcl tab 20-37.5		to your doctor or pharmaci	ist about other
mg)		medication(s) available for	your condition.
CONTRAVE (naltrexone	Weight Loss	Qsymia, Saxenda,	
hcl-bupropion hcl tab er 12hr		Wegovy	
8-90 mg)			
ESBRIET (pirfenidone tab	Idiopathic	There is a generic equivale	ent available. Please talk
267 mg, 801 mg)	Pulmonary	to your doctor or pharmaci	
g,g,	Fibrosis	medication(s) available for	
FERRIPROX (deferiprone	Transfusional	There is a generic equivalent	•
tab 1000 mg)	Iron Overload	to your doctor or pharmaci	
las receing)	non oveneda	medication(s) available for	
K-PHOS (potassium	Urinary	There is a generic equivalent available. Please talk	
phosphate monobasic tab	Acidification	to your doctor or pharmaci	
500 mg)	7 toldinoation	medication(s) available for	
SAMSCA (tolvaptan tab 15	Hyponatremia	There is a generic equivalent	
, ,	i Typonalienia	to your doctor or pharmaci	
mg)		medication(s) available for	
STALEVO 50 (carbidopa-	Parkinson's	There is a generic equivalent	
	Disease	to your doctor or pharmaci	
levodopa-entacapone tabs	Disease		
12.5-50-200 mg)	Parkinson's	medication(s) available for	
STALEVO 75 (carbidopa-		There is a generic equivalent	
levodopa-entacapone tabs	Disease	to your doctor or pharmaci	
18.75-75-200 mg)	D 11 1	medication(s) available for	
STALEVO 100 (carbidopa-	Parkinson's	There is a generic equivale	
levodopa-entacapone tabs	Disease	to your doctor or pharmaci	
25-100-200 mg)	5	medication(s) available for	
STALEVO 125 (carbidopa-	Parkinson's	There is a generic equivalent	
levodopa-entacapone tabs	Disease	to your doctor or pharmaci	
31.25-125-200 mg)		medication(s) available for	
STALEVO 150 (carbidopa-	Parkinson's	There is a generic equivalent	
levodopa-entacapone tabs	Disease	to your doctor or pharmaci	
37.5-150-200 mg)		medication(s) available for	
STALEVO 200 (carbidopa-	Parkinson's	There is a generic equivalent	
levodopa-entacapone tabs	Disease	to your doctor or pharmaci	
50-200-200 mg)		medication(s) available for	your condition.
UKONIQ (umbralisib	Cancer	Please talk to your doctor	or pharmacist about other
tosylate tab 200 mg)		medication(s) available for	your condition.
VIMPAT (lacosamide tab 50	Seizures	There is a generic equivalent	ent available. Please talk
mg,100 mg, 150 mg, 200		to your doctor or pharmaci	
mg)		medication(s) available for	
		, , , , , , , , , , , , , , , , , , , ,	,

Darfarma	and Darfarma	aco Soloct Drug Lieto Evel	ucione
metronidazole lotion 0.75%	Rosacea	nce Select Drug Lists Excl metronidazole cream	usions
menomidazoic lonori 0.7070	Nosacca	0.75%, metronidazole	
		gel 0.75%	
testosterone td gel 20.25	Hypogonadism	testosterone gel pump	
mg/1.25 gm (1.62%), 40.5	l Typogoriaaioni	1.62%	
mg/2.5 gm (1.62%)			
tretinoin gel 0.025%	Acne	tretinoin cream 0.025%	
		ug List Exclusions	
ACZONE (dapsone gel	Acne	There is a generic equival	
7.5%)		to your doctor or pharmac	
		medication(s) available for	
COMBIGAN (brimonidine	Glaucoma,	There is a generic equival	
tartrate-timolol maleate	Ocular	to your doctor or pharmac	
ophth soln 0.2-0.5%)	Hypertension	medication(s) available for	
ZIPSOR (diclofenac	Pain/	There is a generic equival	
potassium cap 25 mg)	Inflammation	to your doctor or pharmac	
		medication(s) available for	r your condition.
	Porformanco Solo	ct Drug List Exclusions	
adapalene-benzoyl peroxide	Acne	tretinoin cream 0.1%	
gel 0.3-2.5%	Acrie	tretirioni cream 0.176	
gei 0.0-2.070			L
Health	Insurance Exchan	ge (HIE) Drug List Exclusi	ions
COMBIGAN - brimonidine	Glaucoma,	There is a generic equival	
tartrate-timolol maleate	Ocular	to your doctor or pharmac	
ophth soln 0.2-0.5%	Hypertension	medication(s) available for	
ESBRIET - pirfenidone tab	Idiopathic	There is a generic equival	
267 mg, 801 mg	Pulmonary	to your doctor or pharmac	
	Fibrosis	medication(s) available for	r your condition.
FERRIPROX - deferiprone	Iron Overload	There is a generic equival	ent available. Please talk
tab 1000 mg		to your doctor or pharmac	ist about other
-		medication(s) available for	r your condition.
K-PHOS - potassium	Hypophosphate	There is a generic equival	lent available. Please talk
phosphate monobasic tab	mia	to your doctor or pharmac	ist about other
500 mg		medication(s) available for	
SAMSCA - tolvaptan tab 15	Hyponatremia	There is a generic equival	
mg		to your doctor or pharmac	
		medication(s) available for	r your condition.
testosterone td gel 20.25	Hypogonadism	testosterone gel pump	
mg/1.25 gm (1.62%), 40.5		1.62%	
mg/2.5 gm (1.62%)		1	
Ukoniq - umbralisib tosylate	Cancer		or pharmacist about other
tab 200 mg	0.1	medication(s) available for	•
VIMPAT - lacosamide oral	Seizures	There is a generic equival	
solution 10 mg/mL		to your doctor or pharmac	
\/\MDAT	Coimuma	medication(s) available for	
VIMPAT - lacosamide tab 50	Seizures	There is a generic equival	
mg, 100 mg, 150 mg, 200		to your doctor or pharmac	
mg		medication(s) available for	г уойг сопашоп.

¹Third-party brand names are the property of their respective owner. ²This list is not all inclusive. Other medicines may be available in this drug class.

Dispensing Limit Changes

BCBSNM's prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling. Changes by drug list are listed on the charts below.

Please note: The dispensing limits listed below may not apply to BCBSNM members on the 2021 or 2022 Health Insurance Exchange (HIE) Drug Lists. Dispensing limits may be applied to these drug lists on or after Jan. 1, 2023.

BCBSNM letters all members with a claim for a drug included in the Dispensing Limit Program, regardless of the prescribed dosage. This means members may receive a letter even though their prescribed dosage doesn't meet or exceed the dispensing limit.

Effective June 15, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)	
2021 Health Insurance Exchange (HIE), 2022 HIE, Performance and Performance Select		
Drug Lists		
Oxbryta		
Oxbryta (voxelotor)* 90 tablets per 30 days		

¹Third-party brand names are the property of their respective owner. * Not all members may have been notified due to limited utilization.

Effective Sept. 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)	
2021 Health Insurance Exchange (HIE), 2022 HIE, Balanced, Performance and		
Performance Select Drug Lists		
IL-13 Antagonist		
Adbry (tralokinumab-ldrm)* 4 mL per 30 days		

¹Third-party brand names are the property of their respective owner.

Effective Oct. 1, 2022:

Drug Class and Medication(s) ¹	Dispensing Limit(s)		
Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists			
Alternative Dosage Form			
Dartisla ODT*	120 tablets per 30 days		
Lyvispah (baclofen) 5 mg Granule packet*2	120 packets per 30 days		
Lyvispah (baclofen) 10 mg Granule packet*2	120 packets per 30 days		
Lyvispah (baclofen) 20 mg Granule packet*2	120 packets per 30 days		
Valsartan oral solution*	2400 mL per 30 days		
Miscellaneous			
Emla (lidocaine-prilocaine) 2.5%-2.5%	60 grams per 30 days		
Therapeutic Alternatives			
METAXALONE TAB 400 MG*	240 tablets per 30 days		
PHOSPHOLINE SOL 0.125%OP*	5 mL per 30 days		
	Basic, Enhanced, 2021 Health Insurance Exchange (HIE), 2022 HIE, Balanced, Performance and		
Performance Select Drug Lists			
Cibinqo			
Cibinqo (abrocitinib) 50 mg tablets*	30 tablets per 30 days		
Cibinqo (abrocitinib) 100 mg tablets*	30 tablets per 30 days		

^{*} Not all members may have been notified due to limited utilization.

Cibinqo (abrocitinib) 200 mg tablets*	30 tablets per 30 days	
Insulin Pumps		
Omnipod DASH kit/Omnipod 5 kit*	1 kit per 720 days	
Pyrukynd		
Pyrukynd (mitapivat) Therapy Pack 5 MG*	7 tablets per 365 days	
Pyrukynd (mitapivat) Therapy Pack 7 x 20 MG & 7	14 tablets per 365 days	
x 5 MG [*]		
Pyrukynd (mitapivat) Therapy Pack 7 x 50 MG & 7	14 tablets per 365 days	
x 20 MG*		
Pyrukynd (mitapivat) 5 mg tablets*	56 tablets per 28 days	
Pyrukynd (mitapivat) 20 mg tablets*	56 tablets per 28 days	
Pyrukynd (mitapivat) 50 mg tablets*	56 tablets per 28 days	
Recorlev		
Recorlev (levoketoconazole)*	240 tablets per 30 days	
Tarpeyo		
TARPEYO (budesonide)*	120 capsules per 30 days	
Basic, Enhanced and	I Balanced Drug Lists	
Oxbryta		
Oxbryta (voxelotor)	90 tablets per 30 days	
Basic and Enhanced Drug Lists		
IL-13 Antagonist		
Adbry (tralokinumab-ldrm)	4 mL per 30 days	
Vuity		
Vuity (pilocarpine HCL) ophthalmic solution	2.5 mL per 30 days	

¹Third-party brand names are the property of their respective owner.

Clarification to the July 2022 Quarterly Changes Dispensing Limit Letter

The dispensing limit letter incorrectly listed Edarbi, Edarbyclor and Soolantra as target drugs included in the Therapeutic Alternatives program. These target drugs belong to the Miscellaneous program, effective July 1, 2022.

Letters mailed in late April to impacted members on the Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists. Clarification letters will not be sent to members because the dispensing limits are accurate on the letter and both programs apply to the drug lists mentioned above.

Standard Utilization Management Program Package Changes

Prior Authorization (PA) Program Changes

Several drug categories and/or targeted medications will be added to the PA programs for standard pharmacy benefit plans. This includes ASO groups that have selected auto updates. For groups that have not selected auto updates, these programs will be available for selection as of the program effective date. Contact your BCBSNM representative for more information.

New Target Drugs Added to Existing PA Programs

Effective Oct. 1, 2022, the following changes will be applied:

Target drugs Dartisla ODT, Valsartan oral solution and Lyvispah (baclofen) granule packet will be added to the Alternative Dosage Form PA program. This change applies to the Performance and Performance Select Drug Lists.*

^{*} Not all members may have been notified due to limited utilization.

The target drug Lyvispah is misspelled on the dispensing limits letter for Basic and Enhanced Drug Lists.

Target drug Omnipod DASH kit/Omnipod 5 kit will be added to the Insulin Pumps PA program.
 This change applies to the 2021 Health Insurance Exchange (HIE), 2022 HIE, Balanced,
 Performance and Performance Select Drug Lists.*

New Programs Added to Select Drug Lists

- Effective Sept. 1, 2022, the Interleukin-13 (IL-13) Antagonist Specialty PA program and target drug Adbry (tralokinumab-ldrm) will be added to the 2021 HIE, 2022 HIE, Balanced, Performance and Performance Select Drug Lists.*
- Effective Oct. 1, 2022, the following changes will be applied:
 - The Cibinqo Specialty PA program and target drug Cibinqo will be added to the 2021 HIE, 2022 HIE, Balanced, Performance and Performance Select Drug Lists.*
 - The Pyrukynd Specialty PA program and target drug Pyrukynd (mitapivat) will be added to the 2021 HIE, 2022 HIE, Balanced, Performance and Performance Select Drug Lists.*
 - The Recorlev Specialty PA program and target drug Recorlev (levoketoconazole) will be added to the 2021 HIE, 2022 HIE, Balanced, Performance and Performance Select Drug Lists.*
 - The Tarpeyo PA program and target drug TARPEYO (budesonide) will be added to the 2021 HIE, 2022 HIE, Balanced, Performance and Performance Select Drug Lists.*

Please Note: As a reminder, the PA programs for standard pharmacy benefit plans correlate to a member's drug list. Not all standard PA programs may apply, based on the member's current drug list. A list of PA programs per drug list is posted on the member pharmacy and prescription plan information section of bcbsnm.com.

Members were notified about the PA standard program changes listed in the tables below.

Drug categories added to current pharmacy PA standard programs, effective July 1, 2022:

Drug Category Targeted Medication(s) ¹	
Basic and Enhanced Drug Lists	
Cibinqo	Cibinqo (abrocitinib) ^{2*}
IL-13 Antagonist	Adbry (tralokinumab-ldrm) ^{2*}

¹Third-party brand names are the property of their respective owner.

^{*} Not all members may have been notified due to limited utilization.

² Member level PAs were entered through Oct. 1, 2022, for Basic and Enhanced Drug Lists.
* Not all members may have been notified due to limited utilization.

Drug categories added to current pharmacy PA standard programs, effective Oct. 1, 2022:

Drug Category	Targeted Medication(s) ¹
Basic and Enhanced Drug Lists	
Pyrukynd	Pyrukynd (mitapivat) Therapy Pack 5 MG*, Pyrukynd (mitapivat) Therapy Pack 7 x 20 MG & 7 x 5 MG*, Pyrukynd (mitapivat) Therapy Pack 7 x 50 MG & 7 x 20 MG*, Pyrukynd (mitapivat) 5 mg tablets*, Pyrukynd (mitapivat) 20 mg tablets*, Pyrukynd (mitapivat) 50 mg tablets*
Recorlev	Recorlev (levoketoconazole)*
Tarpeyo	TARPEYO (budesonide)*

¹Third-party brand names are the property of their respective owner. * Not all members may have been notified due to limited utilization.

Targeted drugs added to current pharmacy PA standard programs, effective Oct. 1, 2022:

Drug Category	Targeted Medication(s) ¹	
Basic, Enhanced and Balanced Drug Lists		
Alternative Dosage Form	Dartisla ODT*, Lyvispah (baclofen) 5 mg Granule packet*, Lyvispah (baclofen) 10 mg Granule packet*, Lyvispah (baclofen) 20 mg Granule packet*, Valsartan oral solution*	
Basic and Enhanced Drug Lists		
Insulin Pumps	Omnipod DASH kit/Omnipod 5 kit*	
Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists		
Therapeutic Alternatives METAXALONE TAB 400 MG*, METFORMIN TAB 62 PHOSPHOLINE SOL 0.125% OP*, PREDNISOLONI PHOSPHATE ORAL SOLN 10 MG/5 ML (BASE EQU VTAMA (tapinarof) 1% CREAM*		

¹Third-party brand names are the property of their respective owner. * Not all members may have been notified due to limited utilization.

Targeted mailings were sent to members affected by drug list revisions and/or exclusions, prior authorization program and dispensing limit changes per our usual process of notifying members prior to the effective date.

View the most up-to-date drug list and list of drug dispensing limits on bcbsnm.com.

Change in Benefit Coverage for Select High Cost Products

Several high cost products with available lower cost alternatives will be excluded on the pharmacy benefit for select drug lists. This change impacts BCBSNM members who have prescription drug benefits administered by Prime Therapeutics. This change is part of an ongoing effort to make sure our members and employer groups have access to safe, cost-effective medications.

High cost products that either are new to market or have therapeutic equivalents available have also been excluded. Please note: Members were not notified of these changes because there is no utilization or the pharmacist can easily fill a member's prescription with the equivalent without needing a new prescription from the doctor. The following drugs are excluded on select drug lists:

Product(s) No Longer Covered ^{1*}	Condition Used For	Covered Alternative(s) ^{1,2}
DICLOFENAC TAB 25 MG	PAIN	DICLOFENAC POT 50 MG, MELOXICAM, IBUPROFEN, NAPROXEN
METFORMIN TAB 625 MG	DIABETES	METFORMIN 500 MG TABS
ORPHENADRINE W/ ASPIRIN & CAFFEINE TAB 25-385-30 MG	MUSCLE PAIN	CYCLOBENZAPRINE, ORPHENADRINE

¹ All brand names are the property of their respective owners.

Updates to the Member Pay the Difference (MPTD) Program

What's new: In 2023, some operational changes will be made to the MPTD program in efforts to standardize the program and help drive generic utilization.

Background: MPTD requires members who fill a brand name prescription, for which there is an exact generic equivalent, to pay the applicable copay or coinsurance plus the difference in cost between the brand and generic drug. Currently, the MPTD program is being managed differently depending on the line of business, the prescription drug list and state/plan.

Member notices: Impacted members will receive a letter at least 60 days prior to the effective date.

If you have any questions regarding these changes, contact your BCBSNM representative.

Split Fill Program Category Expansion

2023 change: The Split Fill Program will be expanded to include additional categories beyond oral oncology medications, such as multiple sclerosis and iron toxicity.

Background: The Split Fill Program provides a partial, or "split" fill, of a member's monthly prescription for select medications for up to three months of therapy. This helps minimize waste and reduces health plan costs by identifying drugs associated with early discontinuation or dose modifications.

Reminder: There are no changes as to how the Split Fill Program works. Groups cannot pick and choose the categories that will now apply.

If you have any questions regarding these changes, contact your BCBSNM representative.

BCBSNM contracts with Prime Therapeutics to provide pharmacy benefit management and related other services. BCBSNM, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime Therapeutics. MyPrime.com is an online resource offered by Prime Therapeutics

² This list is not all-inclusive. Other products may be available.

* This chart applies to members on the Basic, Multi-Tier Basic, Enhanced and Multi-Tier Enhanced Drug Lists.